



Specialized Recreation “CHOICES” Winter Session 2-2014

ACCESS BUS RIDERS:

Please Schedule arrival to the Rec Center **no earlier than 9:45am** And Pick up **no later than 2:00pm.**

If you arrive before our staff at 9:30am you will be left at the Rec center alone or taken back home. Your cooperation is appreciated. A **late fee will be applied for participants who are picked up late.**

DID YOU REMEMBER TO:

- Bring your lunch every day (including drink, utensils, napkin)
- Write your name on your lunch bag and/or water bottle
- Appropriately dress for the current weather conditions
- Limit the need of a microwave for lunch. (Microwave not available on field trips)
- Be sure to ***ONLY BRING WHAT YOU NEED!*** Please leave unneeded items at home.

Contact Numbers:

Choices Cell (206) 396-3105
 Rec Center (206) 801-2680
 Carmen Murrell (206) 801-2367
 Courtney Brown (206) 801-2635

February

March

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

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|----------|--|---|--|---|
| February | 17 No Program President's Day | 18 10:00 Walk & Roll Trip to Kenmore Lanes 10:30– Bocce Ball 11:30– Lunch 12:30– Sign Language | 19 10:00 Walk & Roll Trip to Seattle Aquarium 10:30– Kickball/T-ball 11:30– Lunch 12:30– Picture B-I-N-G-O | 20 10:00 Walk & Roll Trip to Third Place Books 10:30– Soccer 11:30– Lunch 12:30– Stencil Art |
| | 24 10:00 Walk & Roll Trip to Seattle Symphony 10:30– Gym Bowling 11:30– Lunch 12:30– Money, Money, Money | 25 10:00 Walk & Roll Trip to Alderwood Mall 10:30– Game Day/Wii 11:30– Lunch 12:30– Singing with Linda | 26 10:00 Walk & Roll SPECIAL EVENT DAY!! 10:45– Unexpected Productions 12:00– Lunch 1:00– Color A... | 27 10:00 Walk & Roll Movie @ Spartan 10:30– Human Tic-Tac-Toe 11:30– Lunch 12:30– Charades/Pictionary |
| March | 3 10:00 Walk & Roll Trip to Kennelly Keys Music 10:30– Genres of Music 11:30– Lunch 12:30– Show & Tell Music Appreciation Week– We are exploring different types of music | 4 10:00 Walk & Roll Trip to Spirit 105.3 Station 10:30– Think of A... 11:30– Lunch 12:30– Song writing | 5 10:00 Walk & Roll Trip to Clear Channel Studios 10:30– Music with Wendy 11:30– Lunch 12:30– Musical Chairs | 6 10:00 Walk & Roll Trip to EMP 10:30– Penalty Kick Contest 11:30– Lunch 12:30– Karaoke |
| | 10 10:00 Walk & Roll Trip to Fred Meyer 10:30– Hop-a-long Relays/ Hoop toss 11:30– Lunch 12:30– Sign Language | 11 10:00 Walk & Roll Trip Pacific Science Center 10:30– Ladder Ball Contest 11:30– Lunch 12:30– What's Cooking?/ Games | 12 10:00 Walk & Roll Trip to Lynnwood Pool 10:30– What's Cooking/Games 11:30– Lunch 12:30– Soccer | 13 10:00 Walk & Roll Trip to Bill and Melinda Gates Foundation 10:30– Flying Frisbees 11:30– Lunch 12:30– Rhyming B-I-N-G-O |

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY |
|---|---|---|--|
| 17 10:00 Walk & Roll Trip to Ride the Ferry 10:30– Kickball/T-ball 11:30– Lunch 12:30– Spring Spelling Beee | 18 10:00 Walk & Roll Trip to Movie @ Spartan 10:30– Seated Exercise 11:30– Lunch 12:30– Money, Money, Money | 19 10:00 Walk & Roll Trip to Crossroads Mall 10:30– Music with Wendy 11:30– Lunch 12:30– Hockey | 20 10:00 Walk & Roll Trip to Kenmore Lanes 10:30– Balloon Volleyball 11:30– Lunch 12:30– Movie & Popcorn |

If the Shoreline School District is closed, we are also.
If they start late due to weather, we will still start at our regular time.

***Special Event Days–** Each quarter we will now be featuring a special event! On these days, there will be no field trip. The days in which the events are held will change each quarter giving everyone a chance to participate. **With this being said, the special events days are for those participants signed up for that particular day only.** Please keep in mind that everyone will get to attend a special event on the day that they are signed up for.

Field Trip Information:
 Parents/Caregivers/Participants–
 Please remember that the participants may not go on all of the field trips. There are a lot of participants in our programs and we have to make sure that everyone has a fair chance at going on the trips. Thank you for remembering that we are doing our best to accommodate everyone.

Winter 2
 2/18/14 – 3/20/14
***No program on 2/17/14**

Spring 1
 3/31/14 - 5/8/14

Spring 2